

## AVAILABLE FOR INTERVIEWS

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### **Interview: Life After 55 Ain't PG-13... AN ALL-ACCESS PASS TO THE MIND OF A BABY BOOMER ON THE ONLINE DATING SCENE**

The fact that Jed Ringel's forthcoming debut memoir, *Stuck in the Passing Lane*, begins at the end (of a 21-year, largely miserable marriage, that is) doesn't mean he has any interest in boring you with the down and dirty details of a lifelong partnership gone sour. Or, for that matter, in regaling you with dry and too-often-cited statistics about the almost 10 million divorced Baby Boomers out there dating up a storm in the U.S. today.

No. Ringel's take on life, loss, and love as a 55+'er is a bit broader than that. A good deal lustier. And a hell of a lot more entertaining to boot.

An Ivy League dropout turned failed sculptor turned morally bankrupt Wall Street lawyer turned IT company founder, Ringel retired at the age of 50 – and found himself single just a few years later.

Brooklyn-born and thoroughly no-bullshit, Ringel's early retirement allowed him to at last pursue his secret lifelong wish: to become a writer. And so, he retreated to a Montauk farmhouse with his dog, wrote a few books he burned because they were so bad, and, in June 2015, sees *Stuck in the Passing Lane* – a no-holds-barred, searingly funny account of his [mis]adventures through a brave new world of looking for love – published by About Face Press.

From struggling with online dating etiquette to getting robbed outside Lenin's favorite hotel in Moscow while dating a member of Russia's 'think tank' elite, Ringel's story is a messy, funny, warts-and-all look at the very human, barely birth date-centric problems that come with seeking love.

“Virtually everything out there about getting into a new relationship in middle age is about looking for security, anticipating disability, cutting risk, and so on,” says Ringel. “On the other hand, virtually everything out there about dating in general is just pseudo self-help psychobabble.

“I'm interested in telling a good story about an older, introspective yet pretty virile man seeking a relationship as intimate and intense as he sought in his 20's and 30's. As honest as I can bring myself to be about my failings, missteps, misdeeds, and blind spots, my story is really about the search – not my age or the tools I used to conduct it.”

Witty, wry and unapologetic, Ringel has select availability for feature/profile interviews around the June 2015 release of *Stuck in the Passing Lane*, in which he can talk about:

- The parade of women he dated post-divorce – including a barely literate but vastly streetwise Chinatown massage parlor queen, a single-mom lawyer from the Hitler-leveled city of Volgograd, and a beautiful Chinese chemist – and what he learned from each of them
- Toasting the daytime soaps: his lifelong struggle with alcoholism and the moment everything changed
- What his three accomplished, unrestrained daughters have had to say about his escapades over the years
- Getting out of his “comfort zone” after two decades of marriage
- Beauty vs. brains: the conclusions he’s come to about going after women with whom he has nothing in common beyond sexual attraction
- Why *Stuck in the Passing Lane* is not a book for just Boomers
- The radical “emotional surgery” he performed in his quest to avoid relationship déjà vu

**Jed Ringel is an Ivy League dropout who’s been a failed sculptor, a morally bankrupt Wall Street lawyer, and the founder of an IT company, the sale of which allowed him to retire at 50. A father to three daughters and a mentor to children aging out of the foster care system, he is an avid cook and award-winning gardener. Jed splits his time between Montauk and New York City’s Lower East Side – where, along with far-flung locales like Russia and Singapore, many of the events that inspired his debut published memoir, *Stuck in the Passing Lane*, take place.**

***Stuck in the Passing Lane* [About Face Press] is currently available for pre-order, and will be available through Amazon, Barnes & Noble, and in brick-and-mortar bookstores nationwide as of June 1, 2015.**

**Find Jed on [Goodreads](http://www.goodreads.com/author/show/Jed_Ringel) and at <http://jedringel.com/>**

**Publisher: <http://aboutfacepress.com/>**

**ADVANCE REVIEW COPIES OF *STUCK IN THE PASSING LANE* AVAILABLE  
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